

**WE ALL HAVE THE RIGHT TO BE SAFE  
AND FEEL SAFE AT ALL TIMES**



**WE CAN TALK WITH SOMEONE ABOUT  
ANYTHING NO MATTER WHAT IT IS**

# ABOUT THIS POSTER

Protective Behaviours is an internationally-recognised personal safety program aiming to empower children, young people and adults with strategies to promote safety and resilience.

We hope you find these tips helpful for teaching the Protective Behaviours program to children.

## THEME 1

### 'We all have the right to be safe and feel safe at all times'

'we all' - everybody, including children. There are no exceptions.

'right' - inform children of what a 'right' is, and what rights they have. Rights are not earned; they simply exist. Explore with children how rights link with responsibilities, and what rights are versus wants.

'be safe' - teach children they have the right to be safe from harm.

'feel safe' - teach and help children to identify what 'feeling safe' means and feels like for them.

'at all times' - explore what 'at all times' means. There are no exceptions.

## THEME 2

### 'We can talk with someone about anything, no matter what it is.'

Talk with your child about who 'someone' might be.

'No matter what it is' means no matter how big, small, embarrassing, weird etc.

We encourage children to create a network (group of adults, chosen by the child who they believe will provide them with support, assistance and, if necessary, protection) who they can turn to when they are feeling unsafe.

We encourage a variety of people from a child's life to be on their network. Ensure the Kids Helpline (1800 55 1800) and 000 are on their network ('up their sleeve'). Encourage your children to talk with the people on their network when they are feeling unsafe and need help. Remember to let people know if they are on your child's network.

#### Network members must:

- Be an adult
- Be accessible
- Listen
- Believe
- Take action, if necessary

## USEFUL INFORMATION AND RESOURCES



WA Child Safety Services Facebook Page  
[www.facebook.com/wachildsafetysservices](http://www.facebook.com/wachildsafetysservices)



kidshelpline  
Anytime Any Reason

[www.kidshelpline.com.au](http://www.kidshelpline.com.au)



eSafety Commissioner  
Certified Online Safety Program Provider

[www.esafety.gov.au](http://www.esafety.gov.au)

