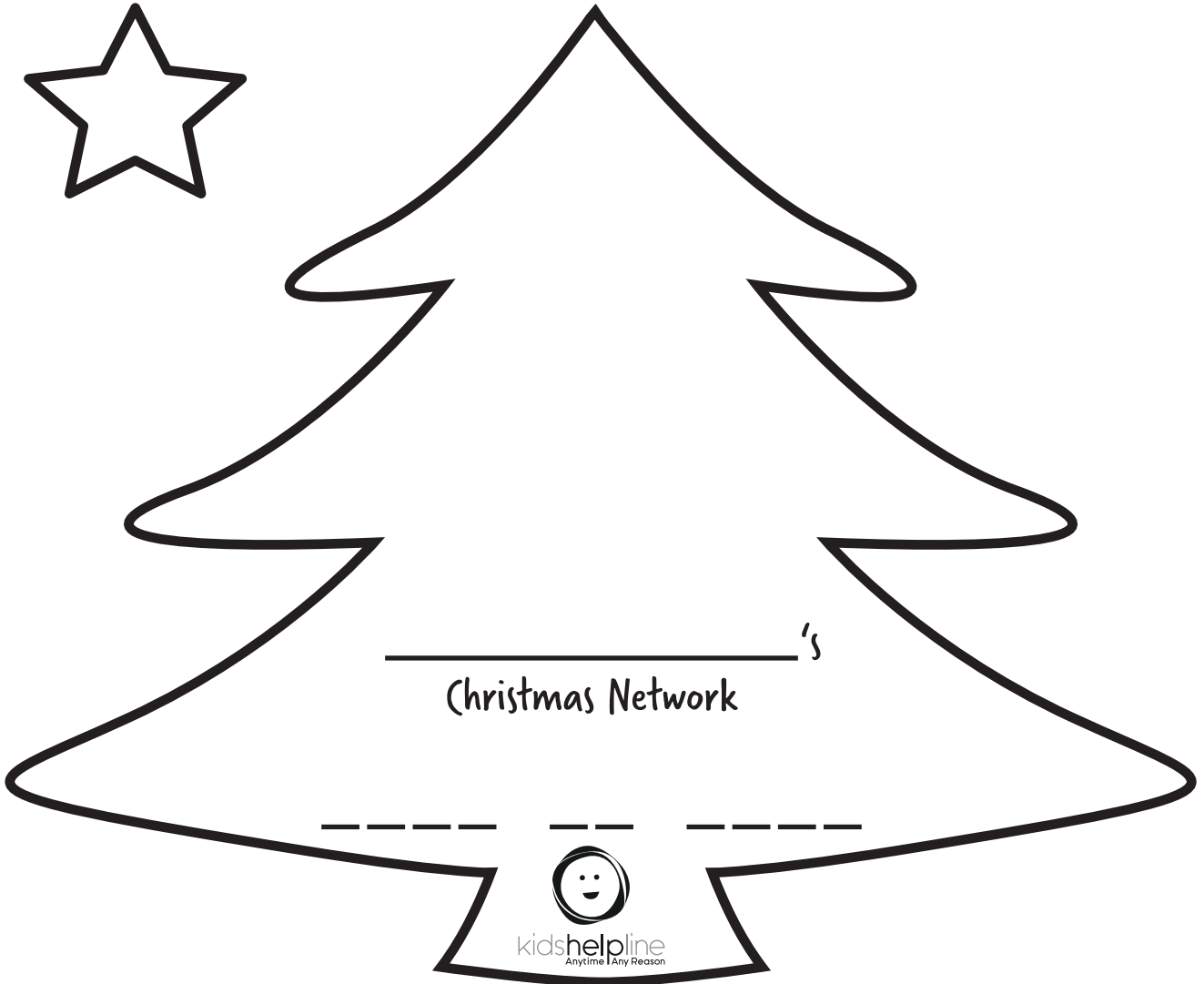
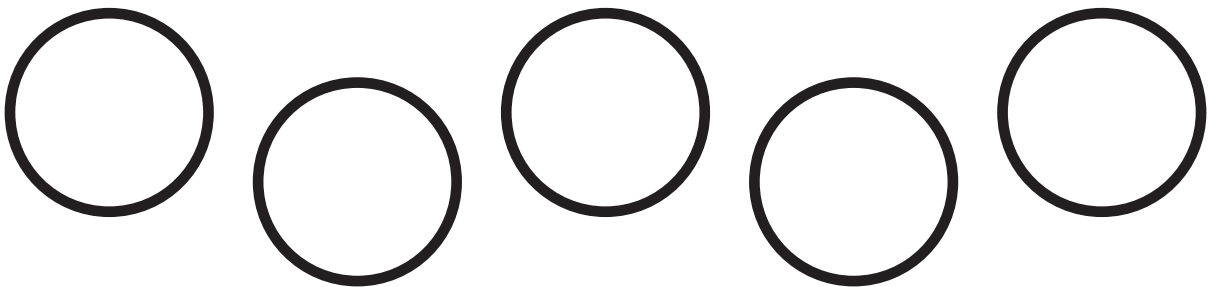


My Christmas Network



ornaments



Instructions

1. Choose 5 adults who would listen to you, believe you, and help you if you felt unsafe. Also think who will be available during the holidays.
2. Write their names on the Christmas ornaments above.
3. Cut out the ornaments and star, and stick on to the Christmas tree.
4. Fill in the phone number for the Kids Helpline, and write your name on your network.
5. Cut out the Christmas tree.
6. Colour in your Christmas Network.